



## Determination of Aflatoxin Levels of Feeds Used in Dairy Cow Farms and Their Effects on Blood Parameters and Milk Aflatoxin Levels in Hatay Province\*

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**Abstract:** In the study, AFB<sub>1</sub> and total aflatoxin levels of roughages and concentrates from twenty dairy farms in Hatay, AFB<sub>1</sub> carry over rate (CO) from feed to milk as AFM<sub>1</sub> and correlation between total aflatoxin intake and blood parameters were investigated. In none of the roughage samples, AFB<sub>1</sub> levels was over 5 ppb while the concentrates of 9 farms were found to be above 5 ppb legal limit. The average AFB<sub>1</sub> levels of concentrates and roughages, and the average AFB<sub>1</sub> intake were 4.496 ppb, 1.282 ppb and, 15.987 µg/day, respectively. A total of one hundred milk samples were collected by taking five dairy cows from each farm. The two of milk samples were found to be exceeded the level of 0.05 ppb of the AFM<sub>1</sub> level that is the statutory limit in Turkey. The average AFM<sub>1</sub> level of the farms was 0.0214 ppb and none exceeded the legal limit. The average CO rate of farms was found to be 2.66%. The correlation coefficients were not significant between total aflatoxins intake and blood parameters. As a result, the AFM<sub>1</sub> excretion in milk was related to AFB<sub>1</sub> intake and milk yield. In dairy cows, a daily intake of AFB<sub>1</sub> 37.3 µg at maximum level should not be exceeded to stay in the statutory limit for AFM<sub>1</sub> in milk.

**Keywords:** AFB<sub>1</sub>, AFM<sub>1</sub>, Blood Parameters, HPLC, Total Aflatoxin.

## Hatay İli Süt İneği İşletmelerinde Kullanılan Yemlerin Aflatoksin Düzeylerinin Belirlenmesi ve Bu Yemlerin Kan Parametreleri ile Sütteki Aflatoksin Düzeyleri Üzerine Etkisi

**Öz:** Araştırmada, Hatay ilinde faaliyet gösteren 20 süt sığırcı işletmesinde kullanılan kaba ve konsantre yemlerde AFB<sub>1</sub> ve total aflatoksin düzeyleri, yemle tüketilen AFB<sub>1</sub>'in süte taşınma oranı (SO) ve alınan total aflatoksin düzeyleri ile kan parametreleri arasındaki korelasyon incelendi. Dokuz işletmede konsantre yem AFB<sub>1</sub> düzeyi 5 ppb üzerinde yer alırken, kaba yem örneklerinin hiçbirinde AFB<sub>1</sub> miktarı 5 ppb düzeyini aşmadı. Konsantre ve kaba yemlerdeki ortalama AFB<sub>1</sub> düzeyi ile ortalama AFB<sub>1</sub> tüketimi sırasıyla 4.496 ppb, 1.282 ppb ve 15.987 µg/gün olarak tespit edildi. Her işletmeden 5 baş süt sığırcı olmak üzere toplam 100 baş hayvandan süt örnekleri alındı. İncelenen süt örneklerinden sadece ikisinde AFM<sub>1</sub> miktarı Türkiye için yasal limit olan 0.05 ppb üzerinde tespit edildi. İşletmelerin ortalama AFM<sub>1</sub> düzeyi 0.0214 ppb olarak tespit edilirken, hiçbir işletmenin ortalama AFM<sub>1</sub> miktarı yasal limiti aşmadı. Süte AFM<sub>1</sub> taşınma oranı ortalama % 2.66 olarak belirlendi. Yemle alınan total aflatoksin miktarları ile kan parametreleri arasındaki korelasyon katsayıları önemsiz bulundu. Sonuç olarak, sütle AFM<sub>1</sub> atılımının süt verimi ve yem tüketimi ile bağlantılı olduğu ve süte yasal AFM<sub>1</sub> düzeyinin aşılması için sütçü ineklerde günlük 37.3 µg'ın altında AFB<sub>1</sub> tüketilmesi gerektiği sonucuna varıldı.

**Anahtar Kelimeler:** AFB<sub>1</sub>, AFM<sub>1</sub>, HPLC, Kan Parametreleri, Total Aflatoksin.

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## INTRODUCTION

**M**ycotoxins are secondary fungal metabolites synthesized by toxigenic fungi species in the presence of appropriate chemical, physical and biological factors. They can be produced in crops and food commodities during the pre- or post-harvesting period (1,2). Aflatoxins, ochratoxins, trichothecenes, zearalenones, fumonisins, tremorgenic toxins and ergot alkaloids are the mycotoxins of greatest agro-economic importance (3,4).

The maximum tolerated levels of AFB<sub>1</sub> in feedstuffs range from 5 to 50 µg/kg (5). The acceptable critical aflatoxin levels are 0.20 mg/kg (ppm) for single feedstuffs like corn, barley and soybeans, and 0.05 mg/kg (ppm) for mixed rations of sheep, goats and cattle (6). AFM<sub>1</sub> levels in milk and milk products are also quite important when human daily milk consumption is considered. In order to protect the consumer from the harmful effects of aflatoxin, the maximum level of AFM<sub>1</sub> in milk and milk products is restricted by many governments, as is the level of AFB<sub>1</sub> in feedstuffs (7). The defined maximum limit is 0.5 µg/kg in the USA and 0.05 µg/kg in the European Union, Africa, Asia and Latin America (8,9).

After biotransformation of AFB<sub>1</sub> in the liver, it is secreted into milk in the mammary gland as AFM<sub>1</sub> (10). Small amounts of AFM<sub>1</sub> are known to appear in milk within a few hours after the feed containing AFB<sub>1</sub> is consumed (11). The absorption of aflatoxin and its excretion with milk as AFM<sub>1</sub> varies between individuals, days and lactation periods. In the literature, it was found that 3% of consumed aflatoxin in feed is transferred into milk (8,12). However, milk yield may have a large effect on the AFM<sub>1</sub> excretion (8,13). High-yielding dairy cows could show high excretion rates up to 6%. This is due to the relatively high consumption of concentrates and the alteration of the blood-milk barrier due to high milk production or various systemic diseases and mammary infections (9,14,15). As a rule, it is said that animals should consume less than 40 µg/d of AFB<sub>1</sub> in

order not to exceed the allowed limits of AFM<sub>1</sub> in Europe (13).

Intense global commercial activity of vegetal food and raw feed materials, changing climatic conditions, increasing environmental pollution and traditional and poor agricultural practices of many developing countries could all increase the mycotoxin contamination risk in feed materials produced. In this context, it is also quite important to follow worldwide prevalence of mycotoxins for Turkey, as a food and feed importing country (16). In addition to this, it is essential for Turkey to create a local mycotoxin map to prepare a national mycotoxin strategy.

The present study was carried out to determine the presence and intensity of aflatoxin in the feed used in dairy cow farms in Hatay and in the milk of animals that consume those feeds.

## MATERIALS and METHODS

For the study, a total of five Holstein cows with similar characteristics (aged from 3 to 6 years-old, weighed 350-450 kg and had passed peak lactation period) were selected from 20 different dairy farms. Every farm was considered to be one group. Procedures for management and animal care were approved by the Animal Ethics Committee of Mustafa Kemal University on 05.02.2010 (approval number; 2010/1/14).

Feed materials consisted of roughages and concentrated feeds served to animals for daily consumption. Singly collected roughage and concentrated feed samples were subjected to extraction processes according to a method as described by the AOAC (17) and analyzed with a high-performance liquid chromatography (HPLC) device (Shimadzu Class VP).

Each milk sample from the animals was taken into a 250 ml container 3-5 h after feeding. Samples were subjected to extraction processes according to the method offered by EN ISO 14501 (18) and R-Biopharm (19) and analyzed with an HPLC device

(Shimadzu Class VP). The carry over rate was calculated by using the proportion of the daily amount of consumed AFB<sub>1</sub> to excreted AFM<sub>1</sub> with daily milk production (13,14,20).

The blood samples were taken from each animal simultaneously with milk samples. After the syneresis, blood sera were analyzed to test the levels of serum triglyceride (TG), blood urea nitrogen (BUN), creatinine (CR) and total protein (TP) using the Konelab 60i Clinical Chemistry Analyzer (Thermo Electron Co, Finland) and the enzyme activities of serum aspartate aminotransferase (AST), alanine amino transferase (ALT), alkaline phosphatase (AP), gamma-glutamyl transferase (GGT) using the Autoanalyzer (Refletron Roche). Total cholesterol (TC) was tested using Refletron brand kits.

#### Statistical Analysis

Spearman's correlation was applied to the values not showing a normal distribution after a normality test to determinate the correlation between the total aflatoxins (AFB<sub>1</sub>, AFB<sub>2</sub>, AFM<sub>1</sub>, AFM<sub>2</sub>) consumed and blood parameters, and also between the amount of AFB<sub>1</sub> consumed and the amount of AFM<sub>1</sub> formed in milk (21). All the statistical analyses were performed with the SPSS 16.0 (2007) software package.

#### RESULTS

A total of 68 feed samples were analyzed: 46 concentrated feed samples (67.7%) and 22 roughage samples (32.3%) collected from the farms. Detected AFB<sub>1</sub> and total aflatoxin levels in the feeds are given in Table 1.

None of the concentrated feed samples had an AFB<sub>1</sub> level exceeding 20 ppb, while samples from 9 farms (45%) had an AFB<sub>1</sub> level over 5 ppb. The AFB<sub>1</sub>

level was unable to be determined in one farm's concentrates (Farm 9).

The highest AFB<sub>1</sub> value in concentrated feeds was 7.503 ppb (Farm 7) and the mean AFB<sub>1</sub> was 4.496 ppb. Commercial compound feeds had the highest AFB<sub>1</sub> levels among the 46 concentrated feed samples examined. The mean AFB<sub>1</sub> level of all samples was 3,812 ppb. Four of 15 commercial compound feeds' (27%) AFB<sub>1</sub> levels were determined to be above 5 ppb.

It was observed that both AFB<sub>1</sub> and total aflatoxin levels of roughage samples were lower than in concentrated feeds. None of the measured values of roughages exceeded an AFB<sub>1</sub> level of 20 ppb, as the statutory limit for feed commodities in Turkey. However, in roughage samples gathered from 8 farms (40%), no AFB<sub>1</sub> level could be determined. None of the 22 samples were over 5 ppb. The highest value of AFB<sub>1</sub> in the roughage samples was 4.711 ppb (Farm 11), and the mean was 1.282 ppb.

In the study, 2% of 100 total milk samples gathered from 20 farms were above the 0.05 ppb limit AFM<sub>1</sub> level (Table 2). The average AFM<sub>1</sub> level (0.0214 ppb) of all farms was under 0.05 ppb, as the statutory limit in Turkey and the EU. AFM<sub>1</sub> levels were detected to be between the 0.02-0.04 ppb range in 11 farms (55%) and under 0.02 ppb in 8 farms (40%). Only one farm's AFM<sub>1</sub> level reached 0.04-0.05 ppb, which is on the verge of unacceptable level of AFM<sub>1</sub>.

Farm-based means of blood parameters analyzed including the activities of AST, ALT, AP, GGT, and the levels of creatinine, cholesterol, triglycerides, total protein and blood urea nitrogen were given in Table 3. No correlation was found between the total amounts of aflatoxin consumed with feed and blood parameters (Table 4).

**Table 1.** Detected AFB<sub>1</sub> and total aflatoxin levels of feed samples in farms.**Tablo 1.** İşletmelerdeki yem örneklerinde tespit edilen AFB<sub>1</sub> ve toplam aflatoksin düzeyleri.

Farms	AFB <sub>1</sub> (ppb)			Total AFB <sub>1</sub> Values of Farms	Total Aflatoxin (ppb)			Total Aflatoxin Values of Farms
	Concentrates	/	Roughages		Concentrates	/	Roughages	
1	3.543	/	ND	3.543	7.151	/	ND	7.151
2	0.098	/	1.571	1.669	0.118	/	2.596	2.714
3	2.823	/	ND	2.823	2.897	/	ND	2.897
4	4.983	/	1.314	6.297	17.235	/	3.241	20.476
5	7.396	/	ND	7.396	21.640	/	ND	21.640
6	4.758	/	ND	4.758	5.512	/	ND	5.512
7	7.503	/	2.418	9.921	16.342	/	4.107	20.449
8	0.722	/	ND	0.722	1.297	/	ND	1.297
9	ND	/	3.131	3.131	ND	/	4.914	4.914
10	7.166	/	ND	7.166	18.192	/	ND	18.192
11	3.882	/	4.711	8.593	4.013	/	11.132	15.145
12	6.260	/	ND	6.260	6.581	/	ND	6.581
13	7.239	/	2.420	9.659	22.033	/	2.420	24.453
14	5.341	/	2.466	7.807	12.920	/	5.855	18.775
15	6.735	/	ND	6.735	14.750	/	ND	14.750
16	5.484	/	1.436	6.920	12.807	/	3.532	16.339
17	4.134	/	2.158	6.292	4.492	/	2.840	7.332
18	5.217	/	0.536	5.753	10.381	/	1.074	11.455
19	4.797	/	1.968	6.765	5.662	/	5.615	11.277
20	1.847	/	1.506	3.353	4.281	/	1.506	5.787
<b>Average</b>	4.496	/	1.282	5.778	9.415	/	2.442	11.857

ND: Not Determined (Tespit Edilmedi).

**Table 2.** General profile of animals presented in farms and transition rate of AFB<sub>1</sub> into milk as AFM<sub>1</sub> (carry over rate).**Tablo 2.** İşletmelerde mevcut hayvanlara ait genel profil ve AFB<sub>1</sub>'in süte AFM<sub>1</sub> olarak geçiş düzeyi (süte geçiş oranı).

Farm	AFB <sub>1</sub> of Roughages (µg/day)	AFB <sub>1</sub> of Concentrates (µg/day)	Total AFB <sub>1</sub> Intake (µg/day)	Milk AFM <sub>1</sub> Levels (µg/l)	Average Milk Yield (kg/day)	Carry Over Rate (%)
1	0.000	6.838	6.838	0.0091	21.0	2.81
2	6.928	0.283	7.211	0.0104	19.0	2.75
3	0.000	8.006	8.006	0.0128	17.4	2.99
4	4.625	11.628	16.253	0.0214	21.0	2.77
5	0.000	29.769	29.769	0.0368	25.0	3.09
6	0.000	10.420	10.420	0.0126	23.0	2.77
7	8.777	18.182	26.959	0.0372	20.4	2.81
8	0.000	1.537	1.537	0.0018	20.8	2.41
9	17.189	0.000	17.189	0.0204	27.0	3.21
10	0.000	27.870	27.870	0.0337	27.0	3.26
11	24.627	13.509	38.136	0.0462	26.0	3.15
12	0.000	19.144	19.144	0.0234	21.0	2.57
13	5.881	11.707	17.588	0.0254	10.8	1.56
14	5.129	7.421	12.550	0.0211	12.4	2.08
15	0.000	13.317	13.317	0.0182	20.0	2.73
16	4.480	11.381	15.861	0.0231	17.0	2.48
17	5.697	7.288	12.985	0.0208	15.0	2.40
18	2.231	14.608	16.839	0.0211	23.4	2.94
19	5.156	8.452	13.608	0.0197	14.0	2.03
20	4.202	3.454	7.656	0.0108	16.8	2.37
<b>Average</b>	4.746	11.241	15.987	0.0214	19.9	2.66

**Table 3:** Farm-based means of blood parameters analyzed.**Tablo 3:** Analiz edilmiş kan parametrelerinin işletme bazlı ortalamaları.

Farm	AST	ALT	ALP	GGT	TC	BUN	CR	TP	TG
	( $\mu\text{g/l}$ )	( $\mu\text{g/l}$ )	( $\mu\text{g/l}$ )	( $\mu\text{g/l}$ )	(mg/dl)	(mg/dl)	(mg/dl)	(g/dl)	(mg/l)
1	93.76	24.48	50.60	20.04	211.00	20.20	1.12	7.30	19.20
2	166.60	40.90	64.56	37.48	272.00	17.00	0.76	5.84	16.00
3	119.80	54.00	48.26	43.42	217.60	27.60	0.94	6.28	18.20
4	129.20	50.62	44.46	23.92	277.80	11.20	0.98	6.96	21.00
5	128.32	30.90	47.76	41.66	140.20	18.40	1.04	6.60	10.60
6	101.22	32.04	34.04	51.52	136.60	15.60	0.96	6.62	18.40
7	126.46	60.24	54.10	30.92	252.00	15.40	0.98	6.28	18.20
8	128.34	47.88	63.04	37.68	239.20	8.40	1.06	6.46	14.80
9	119.80	50.62	59.34	33.04	273.60	17.80	0.84	6.88	13.80
10	115.60	49.84	58.78	33.20	215.80	19.80	0.90	6.44	15.20
11	135.32	52.76	54.84	30.20	268.80	15.40	0.90	6.80	9.40
12	117.54	35.98	63.40	27.44	240.20	14.60	0.98	6.46	7.40
13	113.94	31.72	63.06	27.72	189.80	12.80	0.98	6.46	24.80
14	105.62	31.08	64.04	42.38	162.60	16.60	0.98	6.82	7.80
15	128.40	39.28	41.44	28.62	287.80	19.20	1.04	6.86	8.80
16	96.82	40.20	62.52	23.44	193.60	12.80	0.98	6.96	15.00
17	113.78	31.72	52.40	26.44	124.00	14.60	1.14	6.84	14.00
18	106.00	20.28	66.08	32.10	205.40	16.20	1.08	6.52	6.60
19	107.58	31.44	42.24	23.56	156.60	13.40	0.94	7.14	15.80
20	127.04	33.02	40.44	26.28	211.20	10.00	1.20	7.38	7.60
<b>Average</b>	119.06	39.45	53.77	32.05	213.79	15.85	0.99	6.70	14.13

AST: Aspartate Aminotransferase; ALT: Alanine Amino Transferase; AP: Alkaline Phosphatase; GGT: Gamma-glutamyl Transferase; TC: Total Cholesterol; BUN: Blood Urea Nitrogen; CR: Creatinine; TP: Total Protein, TG: Triglyceride.

**Table 4.** Farm-based correlations between total aflatoxin intake and blood parameters.**Tablo 4.** Toplam aflatoksin tüketimi ile kan parametreleri arasındaki işletme bazlı korelasyon.

Total Aflatoxin Intake	Parameters								
	AST	ALT	AP	GGT	TC	BUN	CR	TP	TG
Correlation Coefficients	0,110	0,062	0,050	-0,146	0,057	0,045	-0,109	0,010	-0,070
P	0,322	0,398	0,418	0,27	0,405	0,425	0,324	0,484	0,385
N	20	20	20	20	20	20	20	20	20

AST: Aspartate Aminotransferase; ALT: Alanine Amino Transferase; AP: Alkaline Phosphatase; GGT: Gamma-glutamyl Transferase; TC: Total Cholesterol; BUN: Blood Urea Nitrogen; CR: Creatinine; TP: Total Protein, TG: Triglyceride.

## DISCUSSION and CONCLUSION

Nutritional materials with available carbohydrate and fat contents get moldy faster (22). Because concentrated feeds have more available carbohydrate and fat contents, they generally have more aflatoxin than roughages.

The findings of the present study are in parallel with the findings of similar previous studies (23-26) showing that the concentrates, primarily commercial compound feeds, had a higher proportion of aflatoxin level compared to other feed materials. In contrast with these findings, Polat (27) found higher AFB<sub>1</sub> rates in roughages compared to the concentrated feeds. However, the higher amount of mycotoxins in roughages could have been based on the tough climatic conditions of the area and/or warehousing feeds contaminated with rainwater or snow that were not well-dried after harvesting.

The term carry-over (CO) refers to the passage of undesired compounds from contaminated feed into food of animal origin (28). It is determined by the proportion of the daily amount of consumed AFB<sub>1</sub> to excreted AFM<sub>1</sub> with daily milk yield by many researchers (13,14,20). In a meta-analysis of transition rates, Pettersson (29) found that the CO rate of AFB<sub>1</sub> to milk was between 0.18-3.24% before 1985 and 0.32-6.2% after. Similarly, Polovinski-Horvatovic et al. (30) reported a CO level from feed to milk ranging from 0.3 to 6.2%. Several researchers reported that there was a linear relationship between the amount of AFM<sub>1</sub> in milk and AFB<sub>1</sub> in feed consumed by dairy cattle (31). Similarly, Karakaya and Atasever (32) reported a positive correlation (+0.329) between the AFB<sub>1</sub> contents of

feed and the AFM<sub>1</sub> level of milk. Even so, it was stated that milk yield is the major factor affecting the AFM<sub>1</sub> excretion. Thus, higher milk yield results in higher AFM<sub>1</sub> excretion (8,14,15). Veldman et al. (13) reported that 40 kg/d milk yielding cows show a higher CO rate (3.8%) than lower yielding cows with 16 kg/d. Similarly, Britzi et al. (33) determined that the average CO rate was 2.5% for under 35 kg/d milk yielding cows in late lactation, while it was 5.4% for over 35 kg/d milk yielding cows in mid-lactation. In the present study, the mean milk yield of 100 cows as all passed the peak lactation period was 19.9 kg/d, and the measured carry-over rate was 2.66% (min. 1.56%, max: 3.26%). There was a linear relationship between the consumed AFB<sub>1</sub> and the excreted AFM<sub>1</sub> into milk ( $r^2$ : 0,940).

A seasonal effect of aflatoxin M<sub>1</sub> concentration has been reported in some studies, in which it was observed a higher concentration of AFM<sub>1</sub> in cold seasons than in hot seasons because farmers tend to use higher amounts of compound feeds in winter (34). In other words, animals consume less concentrated feeds in summer because they also graze on pasture. In a previous study, Çeçen (35) showed that pasturing has an important effect on the decrease of AFM<sub>1</sub> in milk. In that study, 30 samples from animals feeding with compound feeds in the barn and 31 samples from pasturing animals were investigated. It was found that only one milk sample of pasturing animals had AFM<sub>1</sub> (3.22%), while 23 samples from animals feeding in the barns (76.66%) had AFM<sub>1</sub>. The present study was carried out in summer, so it is likely that the AFM<sub>1</sub> data obtained was affected by pasturing and the use of a lower amount of concentrates in the rations. It was determined that 0.0214 ppb AFM<sub>1</sub> was formed in the milk of cows consuming 15.987 µg/d of AFB<sub>1</sub>. In accordance with this, it was determined that in order not to exceed the 0.05 ppb statutory limit of AFM<sub>1</sub> for Turkey and the EU, animals should consume below 37.3 µg/d AFB<sub>1</sub>. These results are similar to the findings of Veldman et al. (13) who reported that daily consumption of AFB<sub>1</sub> levels should be less than 40 µg so as not to exceed the maximum AFM<sub>1</sub> limit.

In the present study, no correlation was observed between the total aflatoxin intake, the activities of AST, ALT, AP and GGT, and the levels of creatinine, cholesterol, triglycerides, total protein and blood urea nitrogen. These results are similar to those of previous studies indicating that the parameters studied were also unaffected by aflatoxin intake (36,37). However, there were different results for some of these parameters in some previous studies (24,38). The reason for these differences is likely due to the individually varying effects of aflatoxin intake on blood parameters or the intensity of the dose received, as well as whether there was chronic or acute aflatoxin exposure.

As a result, the average carry-over rate of AFB<sub>1</sub> in feedstuffs to AFM<sub>1</sub> in milk was measured as 2.66% in the present study; therefore, it is concluded that animals should consume AFB<sub>1</sub> below 37.3 mg/d so as not to exceed the statutory AFM<sub>1</sub> limit of dairy cows in Turkey.

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