



Effect of Combined or Separate Administration of Beta Carotene-Vitamin E and hCG on Fertility in Sheep Lambs

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ABSTRACT

This study was performed to investigate the effect of beta carotene-vitamin E and hCG treatments alone or a combination of both on fertility in estrus synchronized Awassi ewe lambs. A total of 103 Awassi ewe lambs were divided into four groups before the study. Lambs were treated with a progesterone sponge for 12 days, PGF_{2α} two days before sponge removal, 600 IU PMSG on sponge removal day, and 150 IU hCG on the day of mating. The control group (n: 25) did not receive any additional treatment. The Vitamin group (β carotene + vitamin E) (n: 26) was treated twice with vitamin combination. The first treatment was on the 7th day before the sponge insertion and the second treatment was on the day of mating. The hCG group (n: 24) was treated with 150 IU hCG on day 12

after mating. The HCG + vitamin group (n: 28) was treated with both β carotene-vitamin E and hCG. Ewe lambs standing to be mounted were considered in estrus and mated. Pregnancy was determined by ultrasound the 30th day after the mating. There were no significant differences between the control and hCG, vitamin and hCG + vitamin groups concerning estrus, conception, lambing, abortion, twinning, fecundity rate, and litter size (P>0.05). It was concluded that the treatments with β-carotene-vitamin E and hCG or both, in addition to estrus synchronization out of the breeding season in Awassi ewe lambs did not improve the investigated fertility indices.

Keywords: *Beta carotene; Estrus synchronization; Ewe lambs; hCG; Progesterone*

1. Introduction

One of the important aspects for a profitable livestock is reproductive performance (Ataç & Kaymakçı 2021). Ewe lambs reach the reproductive ability at an average age of 8 months. However, if they are not in the breeding season, mating is delayed which results in losses for sheep farms. This negative situation can only be overcome by using estrus synchronization methods. The use of this method is limited due to the high embryonic mortality rate in pregnancies after estrus synchronization in ewe lambs out of the breeding season. In the first 3 weeks of gestation, the embryonic mortality rate varies between 30 and 40% in adult ewes, but this rate reaches 50% in ewe lambs (Bolet 1986; Nancarrow 1994; Michels et al. 1998). It was reported that this rate is raised to 63% in ewe lambs that mated in estrus induced by Progestagen-eCG application (Gordon 1997). 70-80% of embryonic deaths occur between 8th -16th days after insemination (Sreenan et al. 1996). Luteal dysfunction is considered as the major cause of embryonic death (Wilmot et al. 1986; Ashworth & Bazer 1989; Nancarrow 1994). In the early stages of pregnancy, hCG or GnRH applications are considered as alternatives to reduce embryonic death rates by causing an increase in the amount of progesterone (Sreenan et al. 1996). The majority of this increase in progesterone level is mainly attributed to the formation of new corpus luteums (CL) (Mann & Picton 1995; Beck et al. 1996). Increases in progesterone production on the 12th day of mating or the following days may increase interferon-tau (IFN-τ) production. (Thatcher et al. 1995). In the natural oestrus cycle, the IFN-τ increase in this period when the corpus luteum starts to regress can prevent luteolysis by preventing PGF_{2α} secretion (Bazer et al. 1998). It has been reported that administration of hCG or GnRH on the 12th day after mating improves the reproductive performance of sheep and hCG administration also increases fetal growth (Cam & Kuran 2004; Khan et al. 2007).

Another strategy applied to reduce the embryonic mortality rate in ewes is to use some vitamins and minerals. The body levels of some vitamins and minerals [beta (β) carotene, vitamin E, selenium, etc.] that are contained in pasture affect fertility rates. In case of deficiencies of these substances, they should be supplemented (Yokuş et al. 2006; Panousis et al. 2007). Previous studies have shown that the addition of β-carotene to animals such as cows, sheep, rabbits, and pigs improves their performance and reproductive functions (Ahlsweide & Lotthammer 1978; Brief & Chew 1985; Kormann et al. 1989). It has been reported that

the CL is rich in β -carotene and therefore β -carotene along with vitamin A has an important effect on the functions of luteal cells (Graves-Hoagland et al. 1989; Ceylan et al. 2007). Rapaport et al. (1998) determined that the progesterone secretion capacity of the corpus luteum is associated with the high β -carotene content in the ovaries. Because β -carotene is the only source of vitamin A in granulosa cells, it plays a role in the synthesis of steroid hormones and ovulation. In addition, there is a positive relationship between the plasma β -carotene level and the follicular fluid and luteal tissues as well as the weight of the corpus luteum (Ayaşan & Karakozak 2010).

Vitamin E (α -tocopherol) protects cell membranes from oxidation by reacting with lipid radicals produced in lipid peroxidation reactions (Traber & Atkinson 2007). This removes free radical intermediates and prevents oxidation reactions (Mohebbi-Fani et al. 2012). Oxidative damage to the ovarian epithelium due to stimulation of ovulation in sheep can be prevented by vitamin E supplementation (Murdoch & Martinchic 2004). Various results have been reported in previous studies investigating the effects of vitamin E on fertility. Although Koyuncu & Yerlikaya (2007) reported that vitamin E supplementation increased the incidence of estrus and fertility in sheep, some other researchers did not find the same effect (Kott et al. 1983; Kumagai & White 1995; Gabryszuk & Klewicz 2002; Yaprak et al. 2004).

Some studies have evaluated the effects of supplementation with various vitamins or hCG on reproduction in sheep. (Kaya et al. 2013; Köse et al. 2013; Catalano et al. 2015). However, to the best of the authors' knowledge, there is no study investigating the effects of co-administration of hCG and β -carotene + vitamin E on reproduction in ewe lambs. Therefore, this research was aimed to evaluate the effects of hCG treatment on the 12th day after mating and β -carotene + vitamin E treatment, which was applied twice, or co-administration of these two treatment strategies in estrus synchronized ewe lambs out of the breeding season.

2. Material and Methods

This study was approved by Dicle University, Animal Local Ethics Committee (DÜ-HADYEK; 25249). The experiment was conducted on a commercial sheep farm in the period from the second half of April to the first week of May in the southeastern part of Turkey out of the breeding season. The study was carried out on a livestock farm in Diyarbakır province. This region is situated at 37°55'01" N latitude, and 40°16'46" E longitude, and at an altitude of 660 meters.

2.1. Animals and experimental design

A total of 103, eight months old Awassi ewe lambs were allocated into four groups. Ewe lambs were selected randomly. They grazed on natural pasture all day and water were offered *ad libitum*. All ewe lambs were synchronized for estrus using progesterone-containing vaginal sponges (20 mg flugeston acetate, Chronogest CR, Intervet) for 12 days. Two days before sponge removal, prostaglandin F2 alpha (PGF2 α , 250 mcg, Estrumate, Intervet) was injected via the i.m. route. On the day of sponge removal, 600 IU equine chorionic gonadotropin (eCG, i.m., Chronogest, Intervet) and then on the mating day 150 IU human chorionic gonadotropin (hCG, i.m., Chorulon, Intervet) were applied via i.m. route. No additional treatment was applied to the lambs in the control group (n= 25). The lambs in the vitamin group (n= 26) received Beta (β) carotene + vitamin E (0.5 ml / 10 kg, i.m. Ovostim, Provet) twice, one week before sponge application and on the day of mating. The hCG group of lambs (n= 24) was injected hCG (150 IU, i.m.) on day 12 after mating. The lambs in the hCG + vitamin group (n: 28) were treated with both hCG and β -carotene + vitamin E.

Estrus was determined by fertile rams (3-5 old) for 4 hours in the morning and evening for 4 days from the day of sponge removal. The lambs in oestrus were mated with fertile rams (lambs to ram ratio 10:1). Pregnancy was determined with the help of an ultrasound on the 30th day after the mating.

2.2. Statistical analysis

The data were analyzed using the SPSS (Statistical Package for the Social Sciences) /PC program (Version 10.0; SPSS, Chicago, IL, USA). Results were expressed as percentages and comparisons among groups were evaluated using the Chi-Square test. The significance level was accepted as P<0.05.

3. Results

The fertility results of the ewe lambs in the control and treatment groups are given in Table 1. Pregnancy, lambing and fecundity rates of hCG and hCG + vitamin groups were numerically (but not statistically) higher than the control group. Unexpectedly, the multiple births rate of the control group was numerically higher than all of the other groups. However, estrus, pregnancy, lambing, abortion, twinning, multiple births and fecundity rates, and litter size were found to be similar statistically in all groups (P>0.05).

Table 1- Comparison of fertility results among groups

Groups	Control n: 25	hCG n:24	Vitamin (β -Carotene + Vitamin E) n: 26	hCG + Vitamin n: 28
Estrus rate (%)	96.0 (24/25)	100.0 (24/24)	100.0 (26/26)	96.4 (27/28)
Pregnancy rate ¹ (%)	62.5 (15/24)	79.2 (19/24)	69.2 (18/26)	77.8 (21/27)
Lambing rate ² (%)	58.3 (14/24)	75.0 (18/24)	65.4 (17/26)	74.1 (20/27)
Abortion rate ³ (%)	6.7 (1/15)	5.3 (1/19)	5.6 (1/18)	4.8 (1/21)
Multiple births rate ⁴ (%)	35.7 (5/14)	27.8 (5/18)	29.4 (5/17)	25.0 (5/20)
Fecundity rate ⁵ (%)	79.2 (19/24)	95.8 (23/24)	84.6 (22/26)	92.6 (25/27)
Litter size ⁶ (%)	135.7 (19/14)	127.8 (23/18)	129.4 (22/17)	125.0 (25/20)

¹: Number of pregnant ewe lambs /all ewe lambs mated; ²: Number of ewe lambs lambing/all ewe lambs mated; ³: Number of ewe lambs aborted / number of ewe lambs pregnant; ⁴: Number of ewe lambs giving twin births/number of ewe lambs lambing; ⁵: Number of lambs born/ number of ewe lambs mated; ⁶: At the birth number of lambs born/ number of ewes lambed

4. Discussion

It has been suggested that GnRH or hCG administration on day 10, 11, 12 or 13 post-mating improves plasma progesterone (P4) concentrations (Cam et al. 2002), early embryonic survival (Beck et al. 1994), pregnancy rate (McMillan et al. 1986), and litter size (Cam et al. 2002) in sheep. On the other hand, in several studies, it is noted that GnRH-treated sheep have consistently lower plasma P4 concentrations when compared to hCG-treated sheep (Ishida et al. 1999; Khan et al. 2007; Fernandez et al. 2018). Fernandez et al. (2018) have reported that hCG has a double effect on P4 concentrations, as it both stimulates the development of the original CL, which directly affects the LH receptors in the ovary and induces the formation of accessory CL. The hCG has a longer half-life than GnRH (Cole 2012; Fernandez et al. 2018) and it has a 3-30 fold higher binding affinity compared to LH induced by GnRH treatment (Hunter et al. 1986, 1988).

It has been reported that hCG injections administered in the early embryonic period positively affect interferon tau (Nephew et al. 1994) and/or progesterone synthesis (Khan et al. 2007; Fernandez et al. 2018; Mehri et al. 2018). The hCG stimulates blastocyst expansion and larger blastocysts release more interferon tau (Nephew et al. 1994), which results in a reduction in the number of estradiol and oxytocin receptors and inhibits or delays the luteolytic mechanism by suppressing PGF_{2 α} secretion (Khan et al. 2007). Several researchers applied different doses of hCG in various ways to the synchronized ewe lambs and they reported different effects on fertility. Khan et al. (2007), who investigated the effects of hCG and GnRH applied to the ewes and ewe lambs on day 12 postmating, found that hCG or GnRH treatments can increase ovarian function, conceptus growth, and placental attachment in ewes but these improvements were less intense in ewe lambs. In another study, Khan et al. (2009) injected 200 IU hCG to estrus synchronized ewe lambs on day 12 after the mating. These authors reported that hCG treatment did not affect improving the reproductive performance of cyclic ewe lambs and ewes induced for reproduction in late anoestrus. Catalano et al. (2015) applied 300 IU hCG on the 12th day after mating to 8-month-old Corriedella ewe lambs synchronized with P4 containing sponges and PMSG applications out of the season. They reported no improvement in pregnancy rate or fetal weight, but hCG treatment increased plasma progesterone concentration and multiple ovulation. These authors also reported that the percentage of ewe lambs showing multiple ovulation was higher in the hCG-300 group than the control group (77.8% vs 20.0%; P <0.05). In the present study, although pregnancy, lambing and fecundity rates in hCG group of ewe lambs were numerically higher than the control group, these differences were not statistically significant.

It has been reported that β -carotene deficiency in feed adversely affects, either directly or indirectly, reproductive parameters such as estrus, conception, and pregnancy by changing ovary functions and intrauterine environment (Arıkan & Muğlalı 1999; Kaçar et al. 2008). Özpınar et al. (1994) reported that β -carotene injection at 20-day intervals increased the pregnancy rate, offspring yield and twinning rate at the first insemination in ewes. Salem et al. (2015) reported that injection of β -carotene to Farafra ewe lambs every 15 days for 4 months before puberty increased the concentration of estradiol-17 β and vitamin A, and lambs in this group showed more oestrus (P<0.05). In the present study, pregnancy, lambing and fecundity rates of β -carotene and vitamin E treated ewe lambs were found to be numerically higher than those of the control group, but these differences were not statistically significant. The reason for the lack of difference in the present study may be due to the period in which the study was conducted. Ewe lambs probably consumed plenty of green grass for 2-3 months before the study, and therefore may receive a sufficient amount of vitamins and minerals from pasture. This assumption was supported by the results of the study conducted by Beytut et al. (2005), who determined the levels of vitamins A and E as well as β -carotene levels of meadow-pasture grasses and feed substances in Kars province and its surroundings and reported the highest blood plasma β -carotene levels in spring and

summer seasons. Moreover, Afshari et al. (2008) also reported that vitamin A and β -carotene levels were significantly lower in Gezel sheep in Iran during the winter compared to the summer season. Further detailed studies are needed to determine the effects of β -carotene-vitamin E on reproduction in ewe lambs in periods when green grass is absent or scarce.

In this study, the multiple births rate of the control group was numerically higher than those of all the other groups. This was not an expected result, although the differences were not found to be statistically significant. The results of our study did not support the hypothesis that co-administration of beta carotene + vitamin E and hCG can affect fertility positively in ewe lambs.

5. Conclusions

As it was concluded from the present study, administration of either β -carotene-vitamin E, hCG, or both, in addition to the estrus synchronization protocol out of the breeding season, did not significantly affect the reproductive performance in Awassi ewe lambs. For all that, in the field conditions, treating ewe lambs with hCG 12 days after estrus-synchronized matings may provide an economic contribution by increasing the pregnancy, lambing and fecundity rates numerically.

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